



EDUCATION SPEAKER SERIES: ENGAGING THE 21ST CENTURY LEARNER

BACKGROUND INFORMATION

The Education Speaker Series is a daylong series of workshops for any Queen's students interested in hearing speakers discuss topics surrounding education. Specifically, the workshop presenters will be addressing the theme: *Engaging 21st Century Learners*. This is a free event to ensure that Con-Ed students specifically are offered professional development programming that is financially accessible. Students are welcome to register for as many workshops as they like; you can attend one workshop or the full slate of workshops offered. You will get a certificate recognizing your participation in the workshops you attend. This will be a chance to bring students together and increase the opportunities students have to hear from and ask questions of professionals in the field of education.

Registration for this event will take place starting Mon. Feb. 2nd at 9:30 am in the Con-Ed Office (lower ceildh of the JDUC). If you wish to reserve your spot in these workshops, please come to the office to register! If we reach capacity on any workshop (80 students), students will **no longer be able to drop in to those workshops**. We will keep everyone updated with registration numbers.

Any Queen's student is welcome to register for these workshops!

QUESTIONS?

Please contact CESA President, Abbey Cressman:
president@cesa.queensu.ca
(613) 329-1893

ANDREA BARROW

TEACHING CREATIVE FITNESS (NOT YOUR TYPICAL P.E. CLASS!)



Andrea Barrow is the Fitness Leadership Focus Program Teacher with the Limestone District School Board at La Salle SS. The Fitness Leadership program provides students with opportunities to become fitness leaders and become certified Personal Trainers, Fitness Instructors and Kickboxing Instructors. Andrea is a PRO Trainer (Personal Training, Fitness Instructing and Nutrition) with canfitpro.

She is also a presenter with OPHEA delivering Mental Health and curriculum programming to teachers in Ontario. Andrea teaches 6 classes a week at GoodLife Fitness, coaches Junior Girls Volleyball and is currently an Ambassador at Lululemon.

This workshop is to help teachers think outside of the traditional sport based PE class to engage students of all ages. Areas to be discussed is DPA, Specialist High Skills Major (Health and Wellness) and the importance of collaborating with colleagues. Attendees will learn how to access the resources available to create and implement the various components of fitness.

JOE JAMIESON SUPPORTING LGBTQ STUDENTS



Students who identify as Lesbian, Gay, Bisexual, Transgender or Queer (LGBTQ) are often subject to disproportionate episodes of physical and psychological abuse in school settings. Most concerning is when this occurs as a result of their teacher. This session will examine the ethical imperative to protect LGBTQ students from discrimination and danger in schools; real life testimonies from students, parents and educators set the stage for examining case law from several jurisdictions that have findings that ensure “when ethics fail, laws protect”.

Joe Jamieson was appointed in September 2009 as Deputy Registrar of the Ontario College of Teachers, Canada’s only self-regulatory body for teachers.

Certified to teach in Quebec in 1992, Jamieson began his 22-year career in education with the Halton Catholic District School Board. He has served as a teacher, writer, curriculum consultant and as a director of the Ontario College of Teachers’ Standards of Practice and Accreditation and Investigations and Hearings departments. He holds a MEd from the University of Toronto, a BA from the University of Waterloo and a Diploma in Secondary Education from McGill University.

Jamieson is a compelling and sought after presenter within the education sector. He speaks frequently at public and education conferences on topics such as professional conduct, use of social media, leadership requirements, education law, and LGBTQ (Lesbian, Gay, Bisexual, Transgender and Queer) issues in education.

As a champion of the public interest in education, Jamieson spearheaded the College’s inaugural “Inspiring Public Confidence” conference in November 2012, bringing together parents, the public, regulators, teachers and school system leaders for a deeper, communal examination of education and self-governance issues.

DANETTE ADAMS

POWER OF THE PAUSE: MINDFULNESS IN THE CLASSROOM



Danette Adams is an educator, guidance counsellor, yoga instructor, meditation facilitator and long-time meditator who has been seeking to implement mindfulness practices into her own life for more years than the participants of this workshop have been alive! Without apology, Danette ‘borrows’ mindfulness strategies from her yoga and meditation training and has discovered the incredible impact of stillness, movement and deep breathing on her life's work, her classes and her relationships with her students.

Worried, overwhelmed minds struggle to focus and to learn. Add an anxious educator to the mix and it's a perfect storm of factors that leads to an uneasy and un-grounded learning environment. Intentional strategies for calming minds and relaxing bodies not only cultivate resilience and empathy in students and their teachers but also enhance the whole learning -experience and encourage development of healthy, life--long patterns of mental and emotional well--being. This practical workshop looks at the impact of anxiety on minds and bodies and will introduce participants to useful mindfulness strategies and teaching techniques to create more space in their days and to enrich their own lives and the lives of their students.

STANA LUXFORD-ODDIE

GET OUTSIDE: CONNECTING STUDENTS WITH NATURE



Stana Luxford Oddie discovered her passion for the outdoors at a young age spending countless summers romping around her Grandparents property in the Muskokas and later taking an outdoor leadership course in high school. It was during her undergrad degree at the University of Waterloo on a coop placement where she discovered that her true passions of teaching and nature could be united by teaching outdoor education at the Duffins Creek Environmental Education

Centre and the Claremont Field Centre. Stana continued growing her outdoor teaching at the Durham Forest Outdoor Education Centre. Stana graduated from Queen's University in the Outdoor and Experiential Education Program in 1999. Stana feels that she is the luckiest person around to be living her dream and doing what she is passionate about every day. For almost 16 years, Stana joyfully teaches outdoor and environmental education as the Education Officer for the Cataraqui Region Conservation Authority.

This workshop will address the concern of Richard Louv's "nature deficit disorder". You will have the opportunity to unplug and reconnect yourselves and your students to nature. Learn the value of using your schoolyard as an outdoor classroom, the importance of field trips to local parks and conservation areas. This workshop will provide strategies to engage students in learning the curriculum in an outdoor classroom. You'll come away with some new perspectives on how to incorporate outdoor learning time for students into the daily routine.

SAT. FEB. 28: EVENT ITINERARY

Time	Activity	Location
9:30-10:00 am	REGISTRATION CONFIRMATION	Front foyer of Duncan McArthur Hall
10:00-10:15 am	INTRODUCTORY REMARKS	Con-Ed Classroom (A241/242)
10:15-11:30 am	Workshop #1: Fitness Leadership in Limestone DSB (<i>Andrea Barrow</i>)	Con-Ed Classroom (A241/242)
11:30 – 11:45 am	Washroom/break	
11:45-1:00 pm	Workshop #2: Supporting LGBTQ Students (<i>Joe Jamieson</i>)	Con-Ed Classroom (A241/242)
1:00- 1:30 pm	Snack break (snacks provided)	Front foyer of Duncan McArthur
1:30-2:45 pm	Workshop #3: Power of the Pause: Mindfulness in the Classroom (<i>Danette Adams</i>)	Con-Ed Classroom (A241/242)
2:45 – 3:00 pm	Washroom/break	
3:00-4:15 pm	Workshop #4: Get Outside: Connecting Students With Nature (<i>Stana Luxford-Oddie</i>)	Con-Ed Classroom (A241/242)
4:15-4:30 pm	CLOSING REMARKS **Certificates will be available for pick-up in the Con-Ed Office the following week	Con-Ed Classroom (A241/242)

