

VOLUME 2, ISSUE 4

CESA

# B . E D S P R E A D

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## CON-ED FORMAL: THE JOKER STRIKES AGAIN



*Panic struck Con-Eddies attending Formal on March 20 as the Joker reared his ugly head.*

## THE JOKER STRIKES AGAIN

Emily Beck and Théa Pel

On Saturday March 20th at 9:37pm the Joker struck again. At the Concurrent Education Students' Association formal, well-dressed guests gathered in celebration of another year at Queen's University coming to a close, in downtown Gotham City.

The event was running smoothly as many members of the association had received awards honoring their contribution to the University, but took a turn for the worse during the political portion of the evening.

It appeared that the Joker was attempting to usurp the newest CESA executive, as he appeared on the balcony above the future president of the society as she began her speech, and threw a handful of posters proclaiming "JOKER FOR PRESIDENT" into the crowd. Incoming CESA Vice President Théa Pel aroused suspicion when she took

the microphone, in what appeared to be an effort to let the Joker speak.

Officer Dan DiMillo of the Student Constables suspects that it was an inside job, stating later "The Joker might have been right about poisoned APPELS." Ms. Pel was unavailable for comment.

Further investigation revealed the full extent of the Joker's havoc on the event, as event staff were discovered to have been under the Joker's mind control. "It's all a bit hazy," said Evan T. Services, a server working for the catering company during the event. "It wasn't until the next morning that I discovered the joker's card in my cummerbund and remembered him coming into the prep area...that smile....that laugh...."

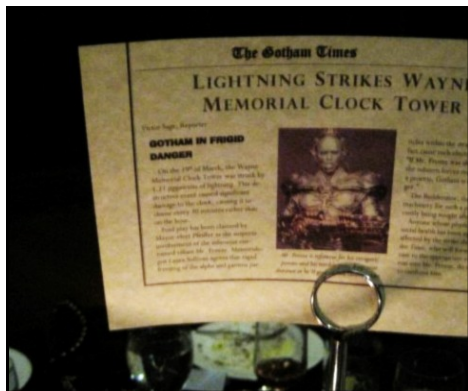
The Joker proceeded to taunt guests and mock the student society as whole, throwing a poisoned apple into the crowd while threatening the

Batman, before disappearing into the night. Police are still searching the campus for any evidence of his whereabouts, and the bat signal will remain lit until Stu-Cons are confident that Gotham City is safe once more.

The Joker was found responsible for the theft of eleven dinner meals, nine tablecloths, and the kidnapping of one Scott Jay as well as a barmaid. It was later revealed that the Black Widow was in fact impersonating the owner of the Two-Faced Tavern, and was working in cahoots with the Joker to irrationally torture students throughout the evening. Amazingly she escaped without repercussions.

Following the disruption the event managed to proceed smoothly, with several other deserving individuals receiving awards for their services, including the highly revered Robert J. Hill award and the controversial "Year Challenge Award". Police are currently investigating the presentation of the award to the class of 2010, as foul play is suspected.

What devilry are you up to now, Joker?



## ODE TO CON-ED INNER TUBE WATER POLO: TEAM TWO

*Alex Mundy and Shannon Walsh*

Con-ed Team 2, we had quite a season,  
It was super fun for eighteen hundred reasons.  
Mostly the one that defined all the fun,  
Was the spirit of teammates – it was #1!

Our captain Paul was a blonde bombshell lad,  
Who talked like a farmer, and wore lots of plaid.  
This sport seemed too hard for a hick just like him,  
But he figured it out, and oh boy could he swim!  
He won those swim-offs, nine times out of ten!  
Which led us to victory, again and again! ...sometimes.

Next was Scott Jay, a happy young fellow,  
With a permanent smile and hair that was yellow.  
He played in the nets and saved lots of shots,  
And also played out where he scored lots and lots!  
Our next awesome teammate was sacred to us.  
No actually, he was... 'cause he looked like Jesus!  
His name was Greg Winson, he had a long beard,  
And all the opponents, they shivered with fear.

The last boy we had was surely not least,  
Though his body looked little, he was quite a beast!  
Graeme's two handed shot was always a dime,  
He could score from half, time after time.

Now for the ladies, who were very speedy,  
They passed the ball tons, because they're not greedy.  
The pool became heated on some vicious nights,  
But our girls weren't scared to put up a fight.

First we had Rachel, Miss Shindman of course,  
This lifeguarding swimmer sure was a strong force.  
With egg beater footwork and technical skill,  
She just kept on going with power and will.

Then cute little Katie, giggles galore,  
Never did miss when attempting to score.  
Her unwavering courage and bravery too,  
Was vital in goal, blocking shots that they threw.

Emilie Gauthier was next on our list,  
Despite all her wipe-outs, she never was pissed.  
We could count on her to be wearing a smile,  
If she wanted, she probably could swim for a mile.

Rachel the II, Kolkman, you see,  
Was there almost always, ready as can be!  
Though sometimes she looked both timid and shy,  
Her feisty swim-attitude made others cry!

And then there was Brooke one of our red heads,  
She made it quite clear it was better in B.Ed.  
Her awesome team spirit and ninja-like moves,  
Were so freaking great that our team all improved.

Sara Hudson had hair the same colour as Brooke's,  
And she stole that darn ball "by hook or by crook"!  
Whatever it took, she would try and persist,  
And she'd swim then she'd score! And had TONS of assists!

To conclude our synopsis of Con-ed Team 2,  
We'd like to say all of our fun came from you!  
We had a great season, despite our poor end,  
We'll see you in fall of two thousand and ten!



*Rachel Shindman celebrates the joys of water polo.*

## STANLEY CUP 2010

*Steven Mueller*

Heading into the Stanley Cup playoffs for the 2009/2010 hockey season I think that there are a couple of teams that have a legitimate chance of winning the Cup this year. While many teams have surprised this season (see Phoenix Coyotes and Colorado Avalanche), I do not think these teams will make it far in the playoffs. From the East I think that the teams with the best chances to win the conference are the Pittsburgh Penguins and Buffalo Sabres. While the Washington Capitals are certainly tearing it up this year, the playoffs are all about defence and goaltending, which hasn't been the Capitals' strongest quality. From the West I think it will be Chicago's year, but also a possibility of Vancouver winning it instead. From both sides of the league, I think the best chance for a Cinderella story would be Detroit, only because they may end up as a lower seed. All-in-all the playoffs are soon, and the only two sure things about them are that they will be extremely exciting and the Leafs will not be participating.



*The Leafs aren't about to see this anytime soon.*

## TOP OF THE CHARTS FOR 23 WEEKS IN A ROW - CON-ED DOME SOCCER

Kimberly Howald

Although I'd like to think it was my innate writing abilities that got me the position of Newsletter Editor [see insert "A Bad and Silly Day", published February 1998, for your reading enjoyment], I think it really had to do with my Dome Soccer sports recaps.

Last year, after every Sunday night soccer game, my teammates would see me typing away on my cell phone. At first they didn't know what I was writing (although, they probably thought I was responding to the millions of text messages that I got in that short hour we were playing - yeah right, I wish I was that popular...), but not long after they discovered I was actually sending 7 part text messages to my dad about the results of our game.

After a little bit of pressure, I began to share these blurbs with the rest of the team, and before I knew it, I was sitting in front of the Exec team (including Katie Shifman, fellow teammate), interviewing for the position of Newsletter Editor.

The rest is history, and so I thought I would write another blurb, to honour not only the reason I got here in the first place, but also for the strong efforts of Con-Ed Athletics in Dome Soccer finals yesterday evening. So here it goes... (*this one's for you, Dad*).

### CON-ED FALLS SHORT IN 3-2 PAIR OF DOME SOCCER FINALS.

Kimberly Howald

*First seeded Con-Ed Ladies & Gents end the season strong with a set of nail-biter finishes. It was known since Game 1 victories that this would be a successful season for both.*

**Con-Ed Ladies** kicked the night off with their final match versus 2nd seeded "Crazy Canucks" (5-2-3-1, 16 points). In previous match-ups, the first place Con-Ed's had dominated with a 6-4 victory and 8-8 draw.

As expected, the game was a hard-fought battle versus the Crazy Canucks. Nonetheless, Con-Ed kept to tradition with quick passes, lots of shots, and strong defence. Pressure came from both teams, but it was the Canucks goalie that took a beating, with hard shots and constant Con-Ed attack on the net. Not long in, Katie Wilson scored the first goal of the game, easing one by the Crazy Canuck goalie. Although a mix-up with the goalie left her at fault, Con-Ed proved they could prevail by breaking the scoring drought of the first half. The remaining 20 minutes ran down, and the first half ended 1-0 for the powerful Con-Ed ladies.

Re-energized and with tactics in mind, the second half started off with full force. After a Canuck attack, Con-Ed defence cleared the ball out, right to the offence providing a perfect 3-on-2 set up. The merciless attack by Katie Shiftman, Katie Wilson, and Caitlin Howald (the 3 Kait's), claimed success, as the passing play resulted in a ball in the back of the net by Con-Ed forward, Caitlin. Nonetheless, down by two, the Crazy Canucks held on, keeping Con-Ed scoreless in the last quarter of the game. From there, the Canuck captain took matters into her own hands, creating a one point lead with her three unanswered goals.

There was no shortage of last-minute pressure from the Con-Ed offence; however the clock ran down too quickly (but actually... 5 minutes TOO quickly), not leaving Con-Ed with enough time to redeem themselves. The game ended 3-2 with a win for the underdog's Crazy Canucks. Con-Ed ladies played a great game that was representative of their season as a whole. As an intimidating, aggressive, and powerful force, Con-Ed ladies never failed to play a great game. Special thanks to all members for an amazing season - Caitlin, Jenny, Katie W., Katie S., Kimberly, Krista, Laura, Nicole, Rachel, and Suzie. There will be no shortage of competitiveness next year, as Con-Ed will fight to gain the title (and a free t-shirt!)

### Student's Story

Below is a story written by Kimberly Howald, a grade two student in Mrs. Fontaine's class. We've all had days we remember.

#### A Bad and Silly Day

*On Monday (last week) we went to a whale Museum. It was a bad and silly day. First we were going through the McDonald's drive-through, and when my Daddy was talking into that "thing" my Daddy noticed that he had no money!!! So he said, "Oh Sorry, I have no money". He left and went to the bank and it took a little while to get to the parking lot.*

*When me, Caitlin, and Daddy were in the parking lot, by accident my Daddy backed into the wall. It did nothing to the wall. This is the sad part and silly part. My Daddy forgot the keys in the car and we were far from home. We had to take the subway. When it was time to go home on the subway, we got on the subway and sat down. Then my Daddy remembered that we were on the wrong subway!!! So we got off at the next stop. We went back up the elevator, then we went down the elevator and went back on the subway, and home.*

**WHAT A DAY!!!**

*From an early age, Kimberly Howald showed a gift for writing.*

**Con-Ed Gents** followed, hoping to provide a faculty victory for the night. This was the first meeting of the undefeated Con-Ed – the one loss (unofficially) doesn't count because half the team was at their Outdoor Soccer semi-final game – and the 3rd place FC Barrack Obama. After two successful rounds in the playoffs, both teams were ready to play for the prize that was just out of reach.

Both teams proved to be a threat with fast-paced play. Attacks were created through short passes, quick sprints, and lots of shots. 8 minutes in, the FC Barrack Obama's got a break, and the resulting shot left them ahead 1-0. 7 minutes later, FC taps in another after a "front of the net" scramble. However, this 2-goal lead didn't low Con-Ed down. Only a few minutes later Nick Cornish less-sons the FC lead, scoring a high header off a kick-in, making the score 2-1. The gents finish the half, tired and strategizing for what lay ahead. The second half started, and only 30 seconds in, Con-Ed defence sends a long ball behind the FC goalie, right to the head of Brett Walsh, where he is able to send it directly to the back of the net. With the score tied at 2, there was no denying the skill of each team present – it was a game of long balls, few mistakes, lots of heads, and fancy footwork. However, not long after, the FC Barrack Obama's took control and sent a long, powerful shot to the top right corner of the Con-Ed net. Nonetheless, even with a 3-2 lead, FC was not confident of their position against the Con-Ed force (a FC player was actually overheard saying the following about their opponents: "They're really pushing it"). Con-Ed attempted to answer in the last two minutes with a corner kick and offensive pressure. Unfortunately, they were unable to finish, leaving the FC with control to "run down the clock". With the final sound of the whistle, the Con-Ed 3-2 defeat was official; however, their strength was proven with the great work in net, defence, and offence. Members present were Alex, Ben, Brett W., Daniel, Jack, Jake, Nick, and Tam. The team hopes to rebuild and remain a force to reckon with next season.

Not much else can be said about the efforts put forth by both the men and women in Con-Ed Dome Soccer. I knew it was going to be a good year for both teams after the successes in the opening weeks of the season – but who knew we'd have both teams in the finals?! However, even though the teams can't walk away with more t-shirts that say "We Beat YOU!!" there is still the whole season to look at. Just having the "Con-Ed" name at the top of both Men's and Women's leader boards each week was enough; and most importantly, the fact that Con-Ed athletics of all sorts is both successful and enjoyable (and I hope that's something that we never lose).

**Con-Ed Ladies** (6-1-3, 21 points)

W 3-0 vs. BioHazards (Oct. 25)  
 W 6-4 vs. Crazy Canucks (Nov. 1)  
 L 1-2 vs. PHE (Nov. 8)  
 W 4-0 vs. Vancougars (Nov. 22)  
 W 5-2 vs. Nursing (Nov. 29)  
 T 1-1 vs. BioHazard (Jan. 17)  
 T 8-8 vs. Crazy Canucks (Jan. 24)  
 T 1-1 vs. PHE (Jan. 31)  
 W 4-2 vs. Vancougars (Feb. 14)  
 W 2-0 vs. Nursing (Mar. 7)

**Playoffs**

W 2-1 vs. Vancougars (Mar. 21) – semi-finals  
 L 2-3 vs. Crazy Canucks (Mar. 28) – finals

**Con-Ed Gents** (9-1-0, 27 points)

W 17-0 vs. Big Fluffy Bunnies (Oct. 25)  
 W 4-1 vs. POP Bottles (Nov. 1)  
 W 5-1 vs. No Comment (Nov. 8)  
 L 0-2 vs. The Faithful (Nov. 22)  
 W 6-2 vs. Free Agents (Nov. 29)  
 W 5-2 vs. Dingleberries (Jan. 17)  
 W 5-4 vs. BioHazards (Jan. 24)  
 W 8-5 vs. BC Buds (Jan. 31)  
 W 7-1 vs. Purple Squid United (Feb. 14)  
 W 9-0 vs. R.O.K. (Mar. 7)

**Playoffs**

W 3-2 vs. Big Fluffy Bunnies (Mar. 14) – quarter-finals  
 W 3-2 vs. PHE-KIN (Mar. 21) – semi-finals  
 L 2-3 vs. FC Barrack Obama (Mar. 28) – finals

## PASSING ON THE POOL OF KNOWLEDGE

Jason Liu

Hello there reader, you may or may not know that my time as a chipper young Con-Eddie is quickly coming to an end. But before I am whisked away to a land called Final Year Education, I thought it would be wise to pass on the pool of knowledge that I have accumulated over these past 4 years. Learn well, my Con-Ed friends, for this knowledge and the power it holds is now yours! (Let see's how well you really know Con-Ed and Queen's!)

### Elementary School (Easy)

- The oldest building on campus is...
  - Theological Hall
  - Summerhill
  - Ontario Hall
  - Victoria Hall
- Which of these is not a Con-ed Frosh Week event?
  - Mystery Retro Roadtrip
  - Waterfront Games
  - Campus Mystery Tour
  - Frosh Week Concert
- Which of these CESA positions are NOT available to first year Con-Eddies?
  - Year Rep
  - TELC Rep
  - Athletic Stick
  - AMS Rep
- Complete the following Con-Ed cheer: "That's alright, that's okay...?"
  - We're gonna steal your apples someday!
  - We're gonna make you cry someday!
  - We're gonna fail your kids someday!
  - We're gonna give your apples away!
- Which of these is NOT a nickname of a faculty's frosh leaders?
  - FRECs
  - Capes
  - Managers
  - Teaches

### Middle School (Medium)

- What is a Gael?
  - A Scottish warrior
  - A Scottish family
  - A Scottish song
  - A Strong wind storm
- Which universities have a partnership program with Queen's Con-Ed?
  - Trent
  - Carleton
  - Waterloo
  - More than one of the above
- What does the acronym CESA stand for?
  - Concurrent Education Students' Association
  - Concurrent Education Student's Association
  - Concurrent Education Student Association
  - Concurrent Education Star Athletes

### High School (Hard)

- Which of these Queen's varsity teams did NOT win a championship this year?
  - Men's Curling
  - Men's Football
  - Men's Rugby
  - Men's Volleyball
  - Men's Golf
- Before Silly String was used at the Vic Hall Steps, what was used instead?
  - Flour and water
  - Baby powder and water
  - Baby powder
  - Flour
  - Corn Starch
- Which building is NOT really a building on Queen's Campus?
  - Nicol Hall
  - Fleming Hall
  - Bruce Wing
  - All of these are buildings on campus
  - None of these are buildings on campus
- Which of the Roman Numerals on the Grant Hall clock is written incorrectly?
  - 3
  - 4
  - 6
  - 9
  - 11
- Besides the 10's, who have won 4 year challenges, which year(s) have won the most year challenges?
  - '97's
  - '07's
  - '06's and 07's
  - 06's
  - 09's

### University (Very Hard)

- An often unheard verse of the "Oil Thigh" mentions which of these schools?
  - Harvard
  - Princeton
  - Yale
  - MIT
  - Oxford

15. Which Queen's faculty previously had a frosh week cheer that insulted Con-Ed?  
 A) Engineering  
 B) Artsci  
 C) Commerce  
 D) Phys Ed  
 E) Nursing
16. The arboretum on main campus up until recently had trees corresponding to the number of what?  
 A) The number of provinces and territories in Canada  
 B) The number of Governor Generals of Canada  
 C) The number of Prime Ministers of Canada  
 D) The number of Lieutenant Generals of Ontario  
 E) The number of Premiers of Ontario
17. Alfred Bader, a wealthy Queen's alumni, was turned down by which university before being accepted by Queen's?  
 A) University of Toronto  
 B) McGill University  
 C) University of Western Ontario  
 D) University of Waterloo  
 E) Carleton University
18. This school turned down Alfred Bader because?  
 A) He didn't have the required entrance marks  
 B) He couldn't pay for his education  
 C) He was deported from England  
 D) The school had already filled its Jewish student quota for the year  
 E) The school ran a health inspection and found that he was carrying a contagious disease



## CON-ED GIVES BACK

*Krista Lackey*

This year I have had the pleasure of heading up a new Con-Ed charity initiative I've lovingly dubbed "Con-Ed Gives Back". For those of you who have not heard about it already, the goal of this project is just like it sounds, to give back to the Kingston community. As, what I would consider the most caring faculty on campus, I think we all have a genuine desire to help others. With this in mind, I approached the Limestone District School Board to see how a monetary donation might be best used within the board. What they suggested was that we could raise money to send Con-Ed students to a school north of Kingston to run a workshop. This got me thinking, "well we could do something like that and be able to help more kids." So the project continued to expand and blossom into what is now, "Con-Ed Gives Back".

On Friday, March 26th, a group of 15 Con-Ed Students went up to Centreville Public School northwest of Kingston to run an entire day of activities including: Art, Science, Indoor Games, Music, Improv, and Outdoor Ed. Our goal was to be able to expose young students to things that they might not normally see in their classroom. As well, schools in the northern part of the board don't usually get the same opportunities to partake in enrichment activities due to the transportation issues. My hope is that this initiative will continue to grow and evolve in the coming years to help more and more students in the Kingston area.

I would like to take a minute to thank all the people who have helped with this wonderful initiative. It wouldn't have been possible without the support of the entire program, and for that, I thank you! Between the coin drive, a bake sale, and a donation from Costco, we were able to raise a total of \$670.00 for the school. The money was used to buy supplies needed to run the workshops and the rest was used to purchase some outdoor gym equipment that the school asked for. All in all, I truly believe we have succeeded in meeting our goal of giving back to the community and I can't wait to see how many more schools we can help in the future!



## WHY WE LOVE SCOTT JAY

Sarah Fortune and Leah MacPhearson

Over his past two years at Queen's, Scott Raymond Francis Jay has warmed his way into the hearts of many Con-Ed students. Here are some reasons why Scott Jay is so near and dear to our hearts:

1. His honesty. If you ask Scott a question, you will get a truthful reply.
2. How excited he gets when he sees you, especially if you are in a group of Con-Eddies. I honestly believe that when I run into Scott the smile on his face is bigger than the smiles of anyone else that I happened to run into that day combined. It is always lovely to see him!
3. His general love for anyone in Con-Ed! Scott doesn't understand why anyone would ever need to have friends outside of Con-Ed.
4. He attends all Con-Ed events. Year Events, BEWIC, Conference, Formal...Scott is there with a ton of enthusiasm for the event and a 'what's your problem?' for anyone who didn't attend!
5. His brigades – Scott brings Con-Eddies together at every opportunity! Many of you have probably heard of the Lunch Brigade (*and if you haven't, feel free to shift your eyes slightly to the right – ed.*). However, many of you may not have heard of Scott's Math and Chemistry Brigades. He rallies up the Con-Eddies in MATH232 and on the Monday nights of the weeks that their assignment is due they get together and work on it together. He meets with his fellow Chemistry Con-Eddies on Tuesday nights. "It's always more fun when you are doing something with people in Con-ed. That's just a fundamental law of nature!" – Scott Jay
6. His general love of facial hair...specifically his side burns!
7. Ab Window...enough said!
8. Intramurals! NO-ONE could possibly have as much passion for Con-ed intramurals as Scott! He was on the following Con-Ed teams: Men's Basketball, Co-Ed Inner-Tube Water Polo, Co-Ed Volleyball, Men's Football, Co-Ed Soccer, and Co-Ed Curling.
9. "He can consume an entire days worth of food in one lunch." – Bobbie Briscoe
10. The Three Improvements: Scott has three changes he would make to the Queen's Campus if he were AMS president. These are:
  - Change one of the rooms in the JDUC to an official sleeping room. Scott would implement this by purchasing several bunk beds and sound-proofing the room with egg cartons. There would be a lady that would come around and tap you on the shoulder when you want to wake up. She would wear slippers and walk very quietly.
  - DINO 101 – This is a course that everyone passes and everyone wants to take. There is only one question on the exam: "What's your favourite dinosaur and why?"
  - A gondola ride up and down University from Union to Brock. This would prevent many students from having to waste their time walking and to improve student morale! "How good would you feel if you came into school riding on a gondola?" – Scott Jay

### Fun Facts About Scott

**Date of Birth:** August 15<sup>th</sup>, 1991

**Favourite Colour:** Tricolour

**Favourite Number:** II ( $\pi$ )

**Foot Size:** 14

"You know what they say about guys with big feet" – Scott Jay

"Yeah...big socks" – Paul Stillman

**Favourite Thing About Con-ed:** "The people! It's a guaranteed great time when you're with any one of them!"

**Random Fact:** He slept in his Con-Ed Jacket the night of the first day he got it!



Scott Jay chillin' with Con-Eddies Jessica Maxwell and Ben Cornish.

**Note:** Special thanks to Scott, Eric, Jovial James, Bobby, Fletcher, Jody, Paul and Katie Wilson for their input into the article!

## THE LUNCH BRIGADE

Scott Jay

My dad used to regale me of the days when he was in university on a full meal plan – bacon and eggs for breakfast, two litres of chocolate milk at lunch, all you can eat dinner (one of every animal was always his goal), every single day – and I have to say that is the main reason I went to Queen's in the first place. The cafeteria was a haven of unlimited deliciousness and nutrition in my first year and I knew that I'd be back next year. What I did not realize was that I was not alone in thinking that the cafeteria was the bomb...

Con-Ed, overall, is a pretty smart group. We know what's good, and quite frankly Ban Righ and Leonard are just fantastic. So we had all these people with meals to blow but we weren't coordinated enough to eat together. What we needed was a convenient time every day for us to get together and share a meal, for everyone to be aware of it, and for people to care. And then Scott got a cell phone.

I was sitting down for lunch in the Pita Pit with my boy Eric, when we started talking about how he's got all these meals to use but no one to eat with. So I said, "Eric let me see your timetable", and he took it out and I looked at all his free slots: Monday 1:30, Tuesday 12:30, Wednesday 12:30, Thursday 11:30, Friday 1:30, and I said, "Eric you could have lunch with me every day of the week if you wanted to!" I will never forget the look on his face when I said that.

From that day forward I texted everybody in Con-Ed, letting them know about lunch and the response was inspirational. At first there were just a few of us: Eric, Alex, Brett, Jon, and I, but you could tell that this was the start of something special. Word of mouth in Con-Ed is pretty rapid, and when the subject is as exciting as lunch you can imagine that this spread like wild-fire. From quotes on Overheard at Queens to tales like, "Is it true that Scott on an average day eats a main course, a pasta dish, a grilled cheese sandwich, a burger and fries, a sandwich, a stir fry, a slice of pizza, two litres of fluids, and dessert and then goes back for seconds?!" People knew it was legit, and so the legend grew...

Before I knew it we had people coming out to lunch whenever they could make it: Kim, Bobby, James, and Rachel to name a few, and then it spread to all years of Con-Ed, including some of the frosh ditching their other friends to come eat with us. The food was delicious, the company was top notch, and so, fittingly the conversation was unparalleled. Some of our most common discussion points were: how great the food is, how great it is we're all eating together, how we can't wait for tomorrow's meal, how much better the Con-Ed Men's Basketball team is getting, what we'll do when we're AMS presidents, how great it is we're all rocking our Con-Ed jackets, how much whoever couldn't come on a certain day was missing out, and how eating so much causes us to pass out in our next class but we do it anyway.

We were walking to lunch one day and my main man Brett told me how much eating lunch together meant to him and then referred to me as the captain of what he then dubbed the "Lunch Brigade." And so the term was born and has been used endlessly since. Who hasn't wanted to be a member of a brigade before? With a sense of camaraderie uniting us along with a core group of members the Lunch Brigade began to grow and the mission to dummy everyone's meal plan by the end of the semester was becoming a reality.

So here we are, every day feasting like it's our last, talking about how clutch our meal plans are and you realize that it isn't about food at all. It really isn't. The meal is simply something for us to bond over, what it's really about is spending time with the people that matter most to you every day. Sometimes I just sit there, admiring what is truly beautiful. Every day I imagine people over the four years sitting down together and having nothing more than the time of their lives. Twelve o'clock on a weekday and there is nothing any one of them would rather be doing than sitting down and having lunch with their best friends. It's the reason we get out of bed in the morning – just to see everybody together: talking, laughing, and feeling all their troubles go away when they sit down at that table with their tray filled and everyone else smiling back at them is the best part of the day for all of us.

So if you like food and Con-Ed, join the group,<sup>1</sup> I guarantee your life will get a lot better!

Shout out to the entire Lunch Brigade, especially my boy Alex for eating lunch with me pretty much every day since the day we met!



*Eating 64 hot dogs is not a prerequisite for joining the Lunch Brigade, though we'd be pretty impressed if you did.*

– ed.

<sup>1</sup> [Check the Lunch Brigade out online!

<http://www.facebook.com/group.php?gid=351441061151&ref=ts> – ed.]

## TOP 10 MEMORIES OF MY FOUR YEARS AS A CON-EDDIAN

Jenny Goodwin

1. My first exciting memory of Con-Ed was many years ago...it was the day I got accepted into Con-Ed!!! I remember how long and hard I worked on my PSE and how much longer and harder it was to wait to hear of my future at Queen's. That day when I got my acceptance letter was the first day of the rest of my life as a PROUD Con-Eddian!! I remember getting my frosh package and seeing the cheers and our 'frosh outfit' and thinking to myself, "Oh God, what did I get myself into?!!!" But of course I couldn't wait to start my future as an educator!

2. FROSH WEEK.....oh I could go on and on about Frosh Week...from getting bombarded with baby power to wrestling my teach for his sock and being screamed at to 'kiss the wall' on the retro-road trip. I really got to bond with my frosh group...YAA GAMMA BOOTY!! ...and also meet so many people that would soon be a part of my Con-Ed family. I have soo many great memories from frosh week.....My favorites being Wolf Island, the tam ceremony and seeing Mike Thaler wear underwear over his pants...at the FORMAL! I knew right then to expect wild things from that guy!

3. One of the greatest things about being a Con-Eddian is 'Dancing Queen' and the year songs. I love our year song, 'Ain't no mounTEN high enough' and hearing it at Con-Ed socials when all the 10s rush to the dance floor and mosh to our song! 'Dancing Queen' is great because whenever you hear it, no matter where you are, you HAVE to dance! However, it is also special because it makes me think of the first time I learned the dance and all of the other times I danced to it with my fellow Con-Eddies.

4. Although I LOVED my frosh week, being a Teach was also an incredible experience because I couldn't wait to be a part of that experience for the incoming frosh. A really amazing thing about being a teach is how much you get to know and bond with your fellow teaches. We had "Teach Night Outs" and Frosh Pre-week. We really spent a lot of time together and got to know each other (especially at the ...cough...hickey ...cough.. party ..cough..). Then there was actual frosh week...the first day, storming the steps of Vic Hall, spraying silly sting all over the frosh, and scaring them with our crazy cheers was the best moment ever!...Along with meeting my frosh....EPSILOOVEEEE!!! Soo many good times and soo many great memories!

5. One of my other great loves of Con-Ed is our intramurals! Intramurals are a great way to meet Con-Eddies of all years. I got to know and become great friends with a lot of Con-Eds, whether it was on the volleyball court or on the bus ride to the Dome. I probably owe most of my involvement in intramurals to Katie Shifman...if it weren't for her forcing me to go to a million different intramurals in second year, I probably wouldn't have realized how great they were!! So, thanks Katie :)

6. One of the greatest, most hilarious and disastrous nights in my second year was the night of the 2nd/3rd Years HOUSECRAWL!!!! Our year reps, Mike Brinkworth and Alli Sullovey worked with the 3rd year reps to come up with this elaborate house crawl with each house having a planned theme game. If anyone knows Alli and Mike like I do, you can image how creative, complex, and DANGEROUS these games were. I won't go into the funny and embarrassing details for the sake of others, but it was a great night and many great memories were made...well, the ones I remember at least!

7. In my third year, when I was WIC Stick, one of the best moments in the history of Con-Ed (in my opinion) was WINNING BEWIC SPORTS DAYS FOR THE FIRST TIME! Not only did we win, but it was the first time we had two teams! We definitely dominated in spirit and showed the other teams how proud we were to be CON-EDDIAN!

8. Then there was WINNING BEWIC SPORTS DAYS FOR THE SECOND YEAR IN A ROW! Pretty much goes without an explanation....Con-Ed is awesome! And we make some pretty amazing cowboys... :) A big round of applause goes to this year's Athletics Sticks for such an amazing job!

9. I've attended Queen's Conference on Education since my 2nd year, and in my opinion, I thought that every time it got better. This year was no exception to the rule - the workshops were great this year and I really learned a lot from them that can hopefully help me next year!!! The speakers were great, the food was delicious, and they had a record amount of external delegates! Congratulations to the QCE Exec 2010 for an amazing weekend!

10. Last, but certainly not least....Formal 2010. This year's formal was the best of all my years of Con-Ed. The decorations were amazing and I really felt like I was in Gotham City. Soo much so that I was acting like Batman, climbing the roof tops of the buildings and defending the city!!! The food was sooooo yummy and the slide show was great...made me cry like a little baby...soo classyyy! To top the night off with an epic party on the dance floor was a perfect way to end my last formal. Thank you Thea Pel and Emily Beck for a great job on a fantastic evening!

I will always keep these top 10 memories with me and they will remind me of how much I love Con-Ed. I want to thank everyone for being a part of them and making my four years in Con-Ed AMAZINGGGG!!!

Lots of Con-Ed LOOVEE forever and ever!!!



*Frosh Week seems like it was so long ago...and yet, at the same time, it feels like it was just yesterday.*

## RUMINATIONS

Rachel Shindman

UrbanDictionary.com defines “rumination” as “when hastily eaten food is regurgitated and reswallowed.” That is not what I’m writing about. Although it would be interesting. Oh well.

A different definition of rumination, as given by dictionary.com, is “the act or process of chewing cud.” That is also not what I’m writing about. (and that would probably be less interesting).

I am writing about rumination, “the act of pondering; meditation.” I’m sure you’ve ruminated before, at some point in your life. If you haven’t, you’re missing out. If you like ruminations, you should head on over to ruminations.com. Now THAT is what I’ll be writing about. Ruminations.com is one of the most fantasmical places on the internet. You should go on over there. Right now. Well, once you finish reading my article. Then go.

So, ruminations – wonderful things. The random thoughts you have throughout life. And there’s a website full of them! I’m going to recap some of the best ones for you. Enjoy!

- Nothing sucks more than that moment during an argument when you realize you’re wrong
- More often than not, when someone is telling me a story all I can think about is that I can’t wait for them to finish so that I can tell my own story that’s not only better, but also more directly involves me.
- Have you ever been walking down the street and realized that you’re going in the complete opposite direction of where you are supposed to be going? But instead of just turning a 180 and walking back in the direction from which you came, you have to first do something like check your watch or phone or make a grand arm gesture and mutter to yourself to ensure that no one in the surrounding area thinks you’re crazy by randomly switching directions on the sidewalk.
- Do you remember when you were a kid, playing Nintendo and it wouldn’t work? You take the cartridge out, blow in it and that would magically fix the problem. Every kid in America did that, but how did we all know how to fix the problem? There was no internet or message boards or FAQ’s. We just figure it out. Today’s kids are soft.
- I totally take back all those times I didn’t want to nap when I was younger.
- Is it just me, or are 80% of the people in the ‘people you may know’ feature on Facebook people that I do know, but deliberately choose not to be friends with?
- There is a great need for sarcasm font.
- Answering the same letter three times or more in a row on a Scantron test is absolutely petrifying.
- How many times is it appropriate to say “What?” before you just nod and smile because you still didn’t hear what they said?
- Our generation doesn’t knock on doors. We will call or text to let you know we’re outside.
- MapQuest really needs to start their directions on #5. Pretty sure I know how to get out of my neighbourhood.
- Sometimes I pretend not to remember details about people because having a good memory apparently equates to creepiness.
- Nothing brings two people together like the mutual hatred of another person.
- I fear the day Facebook decides to inform users of who has viewed their profile... and how many times.
- The word OK looks like a sideways person.
- I think my other three stove burners are becoming jealous of front-right.
- I hate when I just miss a call by the last ring, but when I immediately call back, it rings nine times and goes to voicemail. What’d you do after I didn’t answer? Drop the phone and run away?
- Cell phones ruined pushing people in the pool.
- I have a hard time deciphering the fine line between boredom and hunger.
- I like all of the music in my itunes, except when it’s on shuffle, then I like about one in every fifteen songs in my itunes.
- Whenever I’m Facebook stalking someone and I find out that their profile is public I feel like a kid on Christmas morning who just got the Red Ryder BB gun that I always wanted. 546 pictures? Don’t mind if I do!
- Every phone should have the same charger.
- Everything’s funnier when you’re supposed to be quiet.
- There’s no worse feeling than that millisecond you’re sure you are going to die after leaning your chair back a little too far.
- “Do not machine wash or tumble dry” means I will never wash this ever.
- What would happen if I hired two private investigators to follow each other?
- I don’t write on your Facebook wall so you can comment on it. I write on your wall so you will write back on mine and make me seem more popular. Work with me here.
- I never understood why the Lions and Cowboys always get to play on Thanksgiving. Shouldn’t the Patriots play the Redskins, and then steal their stadium afterwards?
- Double-Stuffed Oreos should just be called Oreos, and regular Oreos should be called Diet Oreos.

AARON KARO  
PRESENTS

**Ruminations.com**<sup>TM</sup>

“WRITING WHAT YOU’RE THINKING”

## DR. PROCRASTILOVE (OR: HOW I LEARNED TO STOP WORRYING ABOUT SCHOOL AND LOVE QUEEN'S)

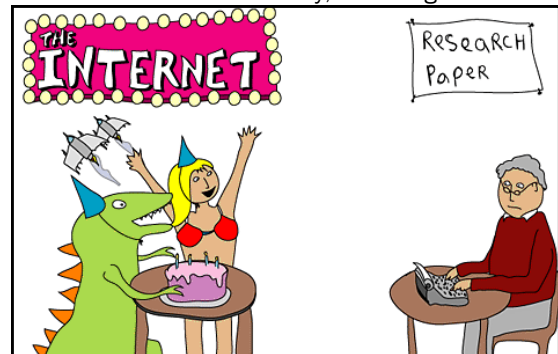
Mike Thaler

When I first got to Queen's, I was an honours student who had never really tried too hard in school, but I was pretty darn good at it. In my first semester at Queen's I started off playing fair, and doing my duty, but by the end, I had initiated "Plan F". This is a contingency plan that all students have available to them, and is retaliatory strike against the establishment that is school. It is designed to ignore all threats of academic attack from the institution, and is guaranteed to ensure failure of all systems. If any of you have never seen Dr. Strangelove, that last paragraph won't make any sense, and will make me sound like a failure...this is only partly the case.

I have spent my last four years at Queen's doing my best to do my least, and still stick around. I have perfected the art of procrastination, extension, and excuse making, and have survived my 4 years to talk about it. "Plan F" is not for the faint at heart, and at times the stress of living a life without stress will push you to the breaking point. There have been times when the idea of throwing myself in front of a car (slow moving of course, just a broken leg will do) to avoid writing an exam seemed like the only choice. There have been times when even H1N1 was not a good enough excuse to get me out of assignments, but I have pulled through. The keys to surviving school with as little effort as possible may surprise some, but I can attest that following the steps outlined below will make your time at Queen's far more enjoyable, far more enriching, and certainly less educational.

The first step to doing well is making friends with intelligent people. They will become your best friends. You should find friends who have an intuitive knowledge of your field of study, so that they don't work too hard either, and therefore don't resent your lack of effort. Next, and the most surprising tip, is to work on your time management. If you can organize your procrastination so that nothing is ever more than a week late without extension, you will find success. Now, why not just organize yourself so that everything is on time, you ask? Well, you might have noticed that school tends to come in waves. The crests of the waves tend to be the most stressful. If you can work on your schedule so that you hand in only one or two things a week, you will find yourself happier and less stressed. Another step is to be creative. Without creativity, re-writing other papers to fit the topic, and making up facts to support your thesis is very difficult. The final step is to have better-than-perfect vision. Lasiks is a viable option if you find yourself lacking in this department. Obviously this is not something that would help you cheat, but it is simply useful when reading late into the night.

The biggest key to having a good time at Queen's, is to do what you want, and not worry. People who worry don't have fun and thus don't enjoy their lives (Thaler, 2009). See how easy it is to make things sound official when they aren't! Keep on procrastinating, and have fun Con-Eddies! This is just a short glimpse into the laziness that has been my life for the past four years.



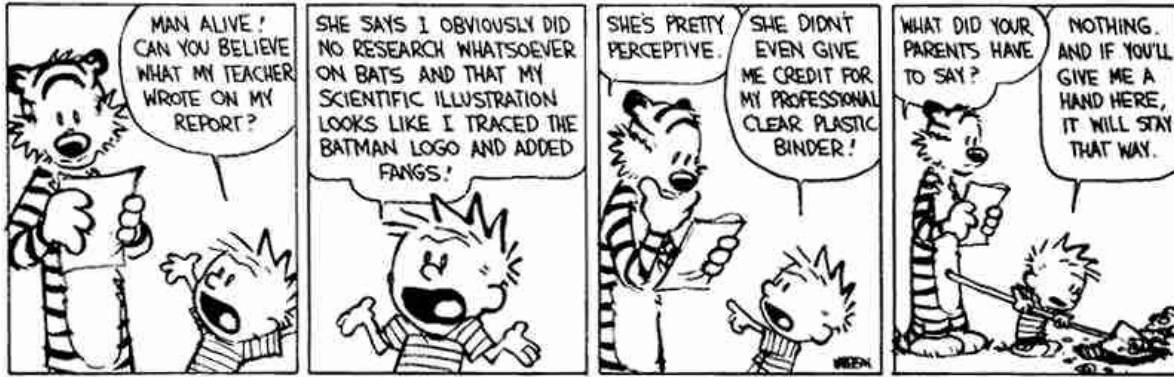
*You could start that paper due tomorrow...but there are fourteen cycles of America's Next Top Model that aren't going to watch themselves.*

## WHERE I COME FROM

Paul Stillman

- Roads are dirt and named after the families that live on them.
- You consider your neighbour to be the person that lives directly beside you – regardless of whether you can see their house or not.
- You need a riding lawnmower, or else you will never finish cutting the grass.
- It is common to see deer in your back yard.
- Your dog doesn't get tied up because he has nowhere to run to.
- You wave to every car that drives by your house, if you know them or not.
- You can see the stars each night.
- A small campfire ends up being 6 feet high.
- You know how to drive tractors.
- You can't walk to school.
- Country music is on everyone's radio.
- John Deere isn't a fashion statement.
- You drive home a different way just to see what is new around the area.
- Dating someone from a rival town has to be approved by friends first.
- Everyone has worked on a farm at some point in their life.
- Smog is just something seen on the news.

These are just a few points of the top of my head. There are so many more.

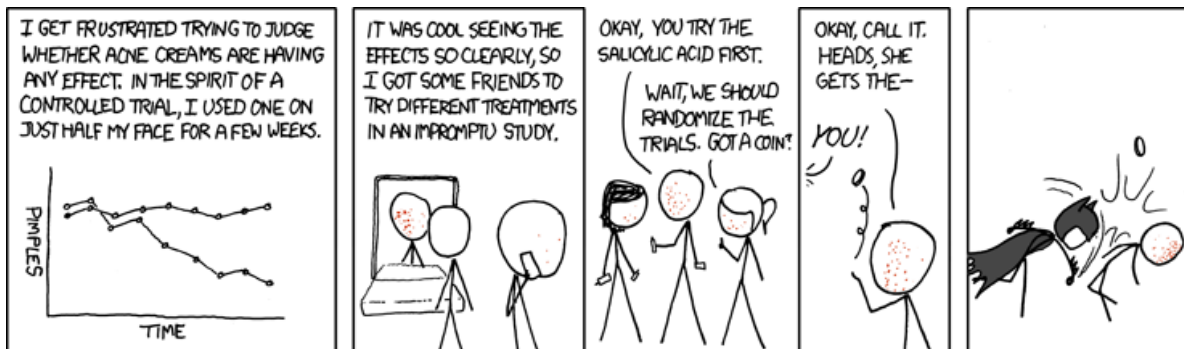


Calvin and Hobbes is the property of Bill Watterson.



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XKCD is the property of Randall Munroe.

POLKA-DOT MAN

7			4	3				
	2		1		7		6	4
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POISON IVY

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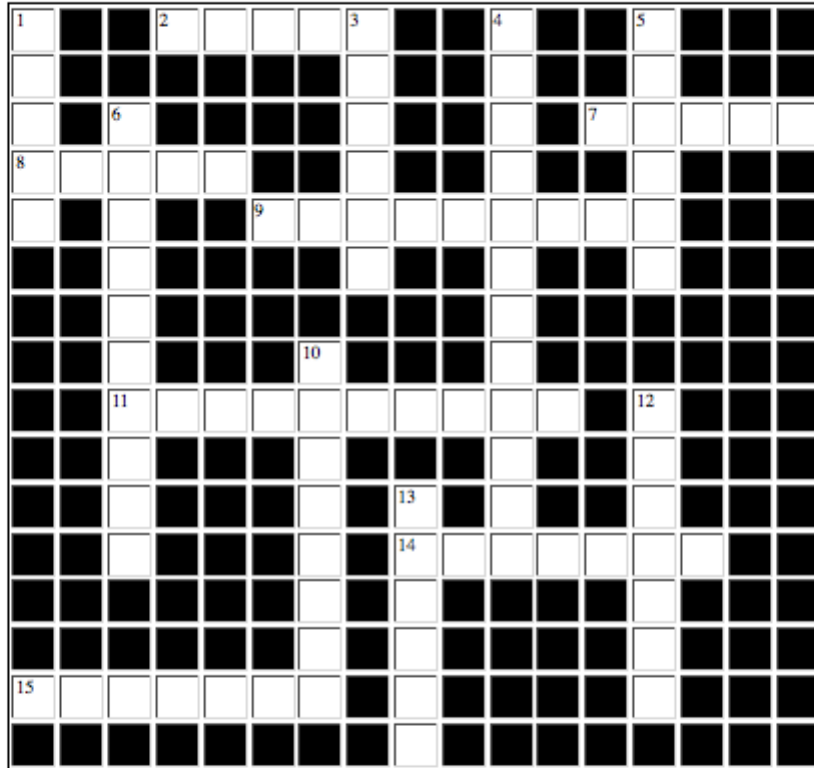
TWO-FACE

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5		9					3	4
3	7					1		6
		7						5
					3	2	6	
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# CON-ED CROSSWORD

Spaces are not included in any phrases.



**Across**

- 2. Teach Exec '10
- 7. You live for the \_\_\_\_\_ when it's all that you've got
- 8. Front page news on November 23rd, 2009
- 9. 2.04
- 11. Location of Con-Ed Formal 2010
- 14. The best frosh group
- 15. Theme for BEWIC sports days 2010

**Down**

- 1. Number of times "cheer" is repeated in one verse of the cheer "We Got Frosh"
- 3. Year with the highest voter turnout during the elections
- 4. Event in which you should attend on September 8th, 2010
- 5. Weekday in which mystery retro road trip was held this year
- 6. He co-recorded the original version of the 10s year song
- 10. Sold to raise money for the Canadian Cancer Society
- 12. Month in which Con-Ed camp was held
- 13. QCE keynote speaker Mike \_\_\_\_\_

WHERE AND WHAT I WILL BE...

S R U T S R A K T I I C W F C T R R R S M S T G T  
 S A U S E S T V S I T E S R V E E E N E Y A R P H  
 C N U D S X M I N I H C X P M I O H C S S A R S O  
 O O G T D T L M A E N L S E D O O N R R N O C V E  
 P A N R H D T H S I S N N T A N D P E D F L E E N  
 I O A D A O V D S H H H N T S R R S F E A R X S W  
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 C A M R C S T M T F A L A A R H O I A O C L F S I  
 U R A A F Y S O O N R H S R E R I S R P S V U T R  
 S E S O R S A S R T S H D R S R T E S E C A M Y O  
 W L S R H O R A N S H L S A X L R R E S N V C S S  
 M R N E E H V T N N T E A R C S A H S I M R S K U  
 O S E A E H A N S A H S R N A H M A N R E M H E C  
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 N O V O P C S A R V T Y Y N A I S U T T Y H C R L  
 M R E S T A T S E B R T S R T F T I S I L E T N O  
 K A T E O C R O A T I I T T S A V A R I T N N A K  
 S H S D H E E N Y S A N R C S E I T N V C E E V F  
 O T M R H S K R R R L E S E E R C A E R O I H O S  
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 S T O E R Y V H C D G D P H N A E T O T C T O N R  
 S M L S R I W T O A S O C A I U T T E R E T N O S  
 S S L C D O D A E A R A R R R V S N O H H S O I A  
 A S S C N T S E L T G U T A V D L E A I S A O R Y

- |            |               |                 |           |
|------------|---------------|-----------------|-----------|
| Creative   | Bankers       | Authors         | Teachers  |
| Lawyers    | Professors    | Policy Analysts | Mothers   |
| Fathers    | Grandmothers  | Grandfathers    | Explorers |
| Overseas   | International | Diversity       | Directors |
| Conductors | Musicians     |                 |           |

The internet: not just a big truck  
<http://queenscesa.com/>

## CONCURRENT EDUCATION STUDENTS' ASSOCIATION

**We would like to all of Con-Ed for staying with us through another successful year full of shenanigans ranging from dinosaurs to Twilight. We couldn't have done this without your support!**

Wednesday, March 31st: the Engineers Without Borders Queen's chapter is hosting an ear-sizzling event showcasing on-campus talent! Come to the new Common Ground from 7:00 to 9:30 to hear a variety of musicians, slam poets and performers alike. It's the perfect opportunity to learn about the Queen's chapter, our Junior Fellowship program, and our work in Ghana. Become informed about what we do, and how you can get involved.

Raffle tickets will be sold at the event with sweet prizes to fund-raise for our very own overseas placement volunteer.



## THE B.E.D SPREAD: STILL CON-ED'S #1 NEWSLETTER

### EVERYTHING CHANGES

Sarah Wolinsky

So I'm sitting in my living room at 12:30 in the morning playing an old Gamecube RPG, eating Frosted Flakes out of a mug and occasionally putting down the controller to type a few more lines of a paper on the use of Catholic tropes in Mao Zedong's personality cult during the Chinese Cultural Revolution, when it suddenly hits me: *this may or may not be the weirdest situation I've ever been in.*

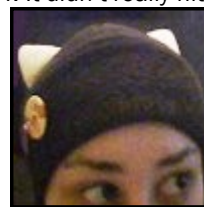
Well, maybe not the *weirdest*, but somehow over the past two years I'd purged all those crazy ideas drilled into me by high school and/or my parents, you know, like not staying up after midnight or doing a paper the night – well, technically, the morning – before it's due. I'm pretty sure that my Guidance counsellor was too busy telling me why I should go to Western instead of Queen's (those guys can get some weird ideas in their heads) to tell me about the really important things, like how a looming due date will make you surprisingly creative, or what the proper ratio of orange to cranberry juice is to get that rare delicious Sodexo experience.

(If you somehow managed to make it through first year without trying it, mix equal parts orange and cranberry juice with a splash of Sprite. Or for something that will keep you conscious during your 8:30 the Monday morning after a five-hour Annual General Meeting, mix three parts coffee with one part hot chocolate, and add a bit of soy milk.)

We have a pile of old Golden Words in our bathroom, and recently I pulled out an issue from March 2004. It didn't really hit me how old it was until I read 'SCI '04 RULES! SCI '08 SUCKS!' – the '08s graduated two years ago. When that issue originally came out I was a little itty-bitty eighth grader in a completely different world: essays had five paragraphs, doing work outside of school hours was just a suggestion, and there were only 251 Pokémon.

Which brings me back to my original point (and yes, there was supposed to be one): being at Queen's is a bizarre, unique situation. There are intense highs and lows, broken rules (remember how you're supposed to sleep eight hours every night?) and camaraderie forged by shared experiences. The kind of life we live here isn't one that you can find in many other places, where time passes at once both slowly and quickly.

Meanwhile, it's 1:00 in the morning and I have Differential Equations at 9:30, after which I'll be putting together the last B.Ed Spread of the year before passing the torch on to next year's editors, Nicole and Laura. It's been a great year and I can't wait to see what they pull out of their (non cat-eared) hats. Needless to say, we'll see a change. Everything changes.



Sarah Wolinsky sometimes considers getting a new hat, but is worried that nobody will recognize her.