



# Highlights of First Year-and-a-half

*Awesome, memorable, and downright ugly... this is the stuff we'll still remember when we're eighty.*

Lynn O'Brien

1. The wonderful chaos that is frosh week
2. Pelvic thrusting en masse with 100 other people
3. Bobbing for apples and wearing a wasabi-green t-shirt
4. Going bowling wearing really ugly 80's clothes



5. The first time you realize that you can come home after your 8:30 class for a nap
6. The first time you realize that you don't have to go to your 8:30 class at all
7. Finding out which Roman numeral is wrong on the Grant Hall clock (go take a look!)
8. 6 a.m. fire alarms
9. The point in PROF class when you realize everyone is on FB Chat
10. Random free food that appears in residence
11. Getting lost in Mac-Corry, in Duncan MacArthur, in Humphrey, in Craine, in the ghetto...
12. The first time you get 47% on an assignment

13. The B.Ed puns... so many B.Ed puns
14. Staying up till you see the sun rise
15. Purple people
16. Silver people!!!
17. Those moments in math class when you know there's only one person who knows what's going on, and he's standing at the front lecturing
18. Seeing Con-Ed jackets on campus
19. Running into your professor at the Lazy Scholar
20. The first time you say, "Going home," to mean, "Going back to Kingston"
21. Buying random costumes at Phase 2
22. Feeling very privileged anytime you get to go somewhere in a car
23. Circle wrestling
24. The first "turkey-loaf" experience at the cafeteria
25. Trying to explain coveralls and tams to your friends at other universities (they just don't get it!)
26. Discovering that they sell smoothies at Gord's
27. Going back home for the weekend and appreciating the food sooo much more
28. Realizing that "Reading Week" really is a misnomer... no reading gets done
29. Signing a lease and thinking, "This is way too much responsibility..."
30. Finishing your first set of exams!
31. Moving into a new house
32. Accidentally setting off the smoke detector... four times
33. The wondrous realization that you can opt-out of some of your student fees
34. Discovering that everyone looks more attractive in a toga
35. Hearing things like "STOH-fer," "Ban Rye," and "Legend-Zee," and laughing to yourself
36. Those strange passive-aggressive feelings you develop towards the squirrels when you realize they aren't scared of you
37. That awkward phone call to the landlord when you get locked out
38. That awkward phone call to the landlord when you break a major appliance
39. Learning to navigate the grocery store (cheese is expensive)

# Exam Tips

From your Academic Affairs Commissioners, Dan Dimillo and Tiffany Kwong

1. You can stay all day at Ban Righ just by paying for breakfast.  
They don't close down in between meals so you can find a comfortable spot and hit the books. Just remember to take some breaks in between and get some good food.
2. Use Exam Bank!  
Take a look at old exams to see what's important. Use it to quiz yourself on how much you know, just make sure that the profs haven't changed.  
(Exam Bank is available at <http://db.library.queensu.ca/exambank/> —Ed)
3. Don't forget that most of your textbooks are on reserve at the library.  
You don't need to lug all your books to the library. Respect your fellow students and return them on time.
4. Don't forget to bring your student card to the exam.  
It'll cost you \$50 otherwise! At the same time, leave your backpacks and cell phones at home. Bring a pencil in case there's a scantron section on the exam.
5. It's not too late to brush up on your writing skills.  
Use the resources that the writing center has to offer. They have a lending library of manuals and guidebooks. There is also a comprehensive writing guide available at the campus bookstore for \$7.
6. Stauffer is open 24 hours.  
You can book group study rooms for free at the library website. Get a few friends and you've got your own quiet study place. Remember to get enough sleep! All-nighters don't help anyone.
7. Don't hesitate to ask upper years for help.  
There are hundreds of students who have taken this course before you. They'd probably be more than happy to help you out.
8. Visit your T.A. during their office hours.  
They're usually really bored during their office hours. They also know the material really well. After all, they did get hired for the job.
9. Form study groups.  
Meet up with a couple of friends in your class. Commiserate and quiz each other. Hopefully one of you will understand any material the others don't get.
10. Relax.  
Bake. QP. Sleep. Go for a run. Go for a swim. Go to the gym. Visit the Con-Ed office. Make time to take exams off your mind. Just do your best and you'll be fine.

(b) Prove that  $X$  is the midpoint of  $OQ$ .



Or you could just call up Batman. —Ed

# Cooking with Jocelyn Yu

November is always a rather depressing month. Academically speaking, the month marks the final long haul before December exams. Therefore, we book extended dates with Stauffer, add an extra shot of espresso to our already over-caffeinated lattes and finally we just never sleep and all look like zombies. However, I always find that baking really helps me with all the craziness. Either that or the fact that I love to eat dessert foods, but I do feel more motivated to work more efficiently when I know that I'm going to bake some good food. So I want to share will all of Con-Ed some fantastically easy recipes that I have picked up along the way.

## *Holiday Sugar Cookies*

I find that this recipe makes excellent Holiday gifts for those of you who are interested in making this Holiday season a little more personal.

### Ingredients

1½ cups butter  
2½ cups of all-purpose flour  
½ cup white sugar  
1 egg

### Instructions

Preheat the oven to 350°F. Coat a baking sheet with cooking spray or butter.  
In a large mixing bowl, beat the soften butter with the sugar until smooth. Then beat in the egg to the mixture. Finally, add the flour and mix on low speed until a dough forms.  
After leave the dough to set for about 3 to 4 hours in the fridge.  
Have fun cutting out your favourite holiday shapes.  
Bake the cookies until they are about golden brown.  
Decorate all of your cookies!

## *Cookie Icing*

### Ingredients

1 cup of sifted powdered sugar  
¼ teaspoon of vanilla  
½ to ¾ cup of milk

### Instructions

Mix the powdered sugar, vanilla and 1 tablespoon of milk. Stir in the milk, 1 teaspoon at a time, until you have a drizzling consistency.  
For chocolate icing just add in about 2 tablespoons of unsweetened cocoa powder to the powdered sugar.



*Modern Chocolate Chip Cookies*

This is a rather interesting cookie recipe as there is a “secret ingredient” which makes the cookies retain a soft consistency.

Ingredients

- 1 cup brown sugar
- $\frac{3}{4}$  cup butter
- 2 eggs
- 2 cups semisweet chocolate chips
- 2 cups all-purpose flour
- 1 teaspoon baking soda
- $\frac{1}{4}$  teaspoon salt
- 1 (15 ounces) can chickpeas, drained and rinsed

Instructions

Preheat the oven to 350°F. Coat a baking sheet with cooking spray or butter.

In a mixing bowl, beat the sugar and butter until smooth. Then beat in the eggs, then the chickpeas (I find puréeing the peas make them easier to mix). Add the flour, baking soda and salt, mixing on low speed until a thick dough forms. Finally, mix in the chocolate chips with a wooden spoon.

Drop the dough by the tablespoonful onto the baking sheet, spacing the cookies about 2 inches apart. Bake until the cookies are golden brown.

*Old-Fashioned Chocolate Oatmeal Cookies*

I love this recipe because the cookies are oh so delicious.

Ingredients

- $\frac{1}{2}$  cup white sugar
- 1 cup brown sugar
- $\frac{1}{2}$  cup butter
- 1 egg
- $\frac{1}{4}$  cup milk
- $\frac{1}{4}$  teaspoon table salt
- $\frac{1}{2}$  teaspoon baking soda
- 3 cups oatmeal
- 1 cup flour
- 1 cup semi-sweet chocolate chips

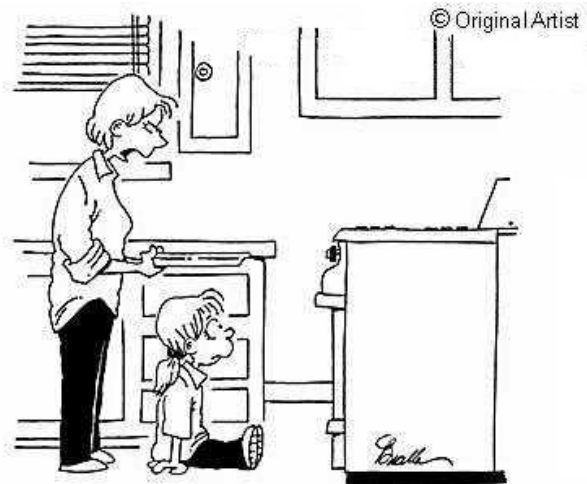
Instructions

Preheat the oven to 350°F. Coat a baking sheet with cooking spray or butter.

In a mixing bowl, beat the butter and white and brown sugar until smooth. Then add the milk and eggs to the mixture. After, add the flour, baking soda, and salt, mixing on low speed until a thick dough forms. Finally, mix in the chocolate chips with a wooden spoon.

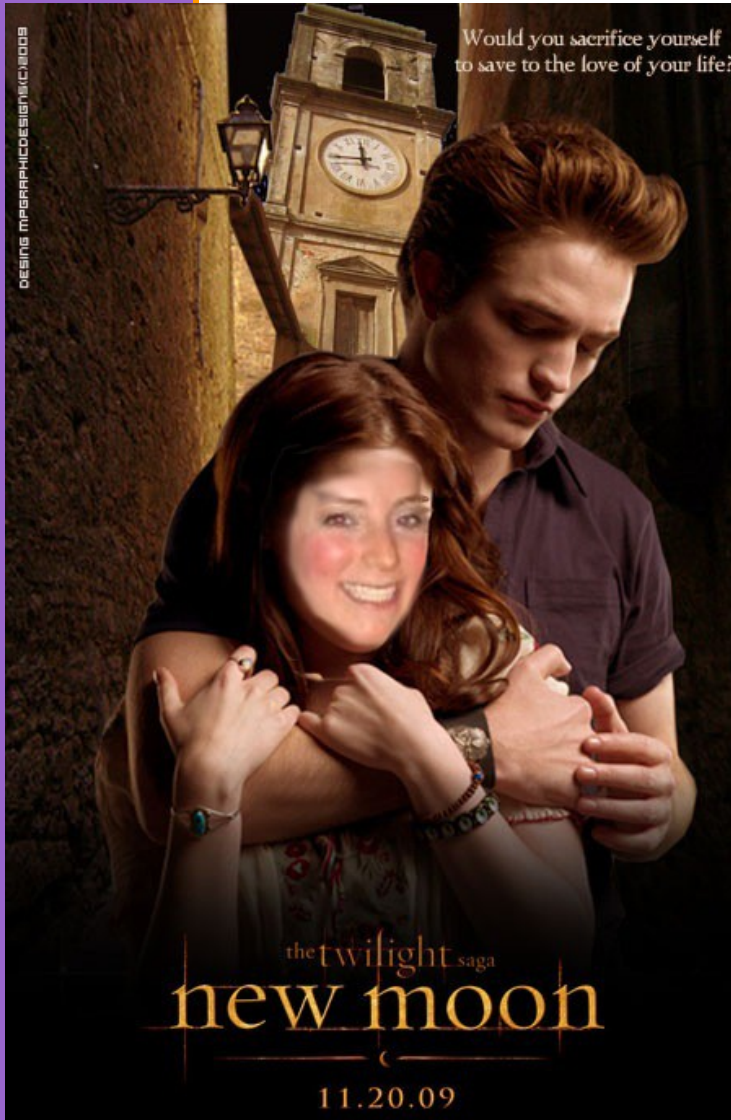
Drop the dough by the tablespoonful onto the baking sheet, spacing the cookies about 2 inches apart. Bake until the cookies are golden brown.

Well, I truly hope that you can find some time before and during exam period to have some fun, so why not just try baking one of these delicious recipes!



**"Yes, you can watch the cookies bake and no, a screen saver doesn't kick in after a while."**

## Vampires, Werewolves and Shirtless RIPPED men, OH MY!



Katie Shifman

As the lights dim, a hush falls over the crowd. Everyone sits on the edge of their seats in anxious anticipation. Robert Pattinson appears and the room erupts in hysteric screams and whistles. *New Moon*, the second movie in the *Twilight Saga* is here and it is AMAAAAZZZIII-INNNGGGGG!!!

Last night nine, twenty-something year old women joined over 400 other people (mostly women) in the artistic masterpiece of the year, no scratch that...CENTURY. The advanced screening did not happen until 10pm so the anticipation was agony. Getting there at 7:30, we thought we would beat the rush. We were wrong (we were told later that people actually began lining up at 3pm), the line wrapped around the movie theatre. We were very IMpolitely asked to stand outside in the rain...for TWO hours! Young and old alike were sporting *Twilight* paraphernalia (the most exciting of which was a 40 year- old woman with Edward's face plastered on a very large umbrella). All everyone could talk about was Team Edward vs. Team Jacob (Edward clearly the victor in this debate). Thankfully no physical violence actually broke out, which was almost as anticipated as the movie itself. All in all freezing toes, three hours outside in violent rain and beating off tweens and Twi-moms with an umbrella didn't even dampen the wonderful experience.

Taylor Lautner offered a stunning performance as young Jacob Black, the sexy seventeen year-old (200 more days until that is not creepy for me to say) with a dark secret. His performance

was so convincing that he ALMOST converted this self-proclaimed "Team Edward-er". Robert Pattinson was his usual smouldering and sexy self and regained my faith in the entire Vampire species. It also left a little drool pile on my lap and on Terra sitting beside me. The mens' presence more than made up for Kristen Stewart's lack of emotion, failure to perform and inability to create chemistry with two of the most beautiful people alive. Another actress should have been cast in her place, namely ME. "*Twilight* starring Katie Shifman and Robert Pattinson"...it has a nice ring to it... The plot was very closely scripted off Stephanie Meyers' book and the increased budget created awesome special effect that would make even the twilight-hater a lover!

The movie gets a giant 3 stars out of 4 (I couldn't in good conscience give it the full shebang because I am still bitter over Kristen Stewart taking the role away from me). I encourage everyone to go out and see it...I promise good dreams will follow.

# Why I Didn't Go To *Twilight* With Katie

Mike Brinkworth

For starters, she didn't invite me. I like to think we're pretty good friends, but apparently not good enough to take me to her favourite movie. Well, I guess this means I'm going to have to take someone else to the midnight screening of the next Hannah Montana movie. It's only fair, right?

I must admit that she may have a good excuse for not inviting me. I suppose I have been chirping her for quite some time over her excitement and tend to fake throw up in my mouth a little every time she mentions *Twilight*. Still, you'd think she would at least make a gesture, if nothing else than to make a failed attempt at converting me to the dark side. It might take a few days and a few (cases of?) beer to get over this snub, but I assure you I will get there.

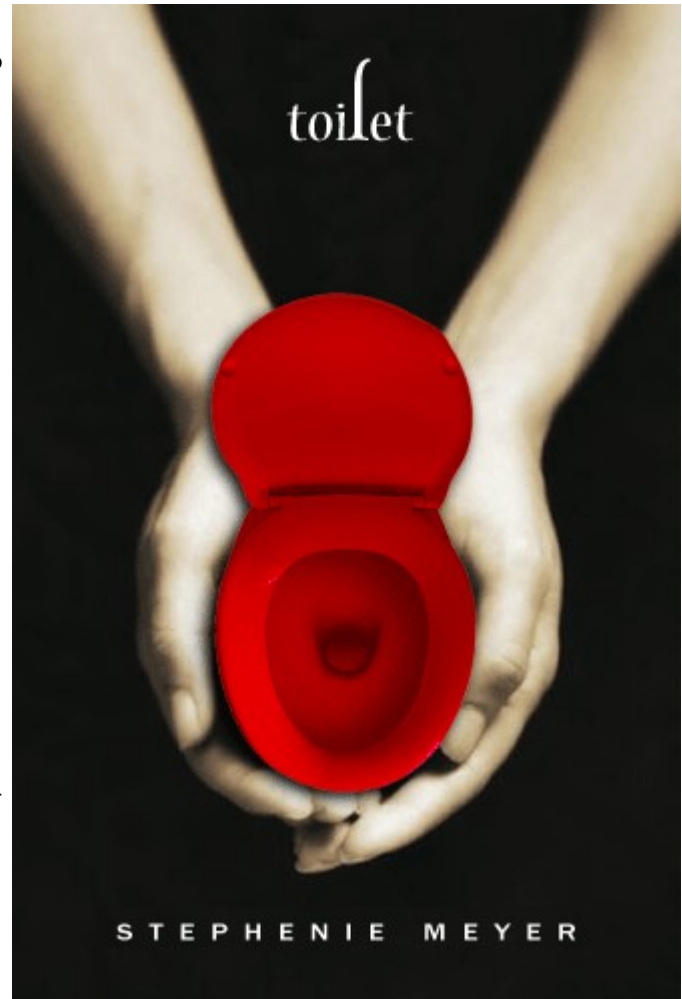
Truth be told, I didn't really want to go. I mean, there was a Sens game on. There was also a Leafs game on. Usually I care more about a mayoral race in sub-Saharan Africa than a Leafs game, but this one was special. The Leafs managed to blow a 3-goal lead, allowed the 'Canes to tie the game with 2 seconds left, and finally lost in a shootout to become the worst team in the National Hockey League. Way more exciting than Amos Masondo's glorious victory in the last Johannesburg election.

I digress. Another reason for not going: if I wanted to see a hulking man prance around with his shirt off proudly displaying glistening, bulging muscles...I'd look in a mirror. Of course, I'd need someone with glistening, bulging muscles standing beside me<sup>1</sup>. I suppose the muscles wouldn't have the same glisten or bulge because Wal-Mart didn't have the mirror that automatically performs post-production muscle effects when I went to pick one up. Seriously, did no one notice in the trailer that what's-his-face's muscles are five times larger when he's scaling the tree than when he's in what's-her-face's room?

Katie has been figuratively drooling over these boys for quite some time, so I didn't want to take the chance that she would *actually* drool when she saw them on the big screen, and use my shirt to absorb it. I talked to the janitor at Cineplex in the morning (we're tight) and he assured me it was a good call not to go. He's never seen more drool in his whole life, and he has a second job at an infant daycare centre.

Finally, my dinner was rather garlicky on Thursday night. I would hate to be that guy who ruined the movie because his garlic breath scared the vampires right off the screen. Although, I suppose Team Jacob would be happy. So, *Twilight* fans, in the end I was just looking out for your best interests. And maybe the best interests of my shirt.

<sup>1</sup> Katie Shifman, Personal Interview, 20 Nov. 2009.



# Best Buddies!

Jacqueline Mirtic

Hello Con-Ed!!

In the process of trying to decide what to write my article on, I came across the idea of telling you about one of the programs I do that is unrelated to Con-Ed, in an effort to bring more exposure to it and advertise it to Con-Eddies. This program is called Queen's Best Buddies, of which I am the current Co-Chair, along with Grace Ewles.

Best Buddies Canada is an organization that pairs volunteers (usually High School, College, or University students), with adults with developmental disabilities in the community. These buddy pairs become great friends and see each other on a biweekly basis, and talk on the phone every week.

Here at Queen's we have the "Best Buddies – Queen's Chapter" and it is a very rewarding program for both the volunteers and their buddies. This year our very own Con-Eddie Erin Cannon has joined the program and loves it so far; she has gotten along great with her buddy! The Best Buddies program is designed to build friendships, raise awareness, and spread acceptance nationwide. We work with Community Living Kingston and Ongwanada to make our buddy matches, and the buddy pairs commonly do activities such as meet for coffee or dinner, cook/bake, shop, watch movies, go to hockey games – you name it! We have had a few full group activities as well such as a very successful Halloween party, and we will be throwing an end of term Holiday Ball on the weekend following the end of classes. We also have a ton of ideas planned for next term, such as group swimming, skating, bowling, dinners, and so forth.

Watch out for us in Disability Awareness Week in March on campus, and for any fundraisers we do! Towards the end of this week we will be having a "Best Buddies Coffee Corner" fundraiser at the corner of Union and University outside of the JDUC, selling goodies and coffee, apple cider, and hot chocolate, all by donation. We would love for you to come check us out and show your support! It truly is a fabulous program and really brings out the best in people.

You can check us out on Facebook; our group is called "Queen's Best Buddies Program 2009-2010" and is open for anyone to see. You can also visit the general Best Buddies website at [www.bestbuddies.ca](http://www.bestbuddies.ca). Keep it in mind for a future volunteering opportunity! It is a fabulous resource for teaching, especially if you are considering Special Education. Let me know if you have any questions! My email is [gjcm@queensu.ca](mailto:gjcm@queensu.ca). Thanks all.

**Jacqueline Mirtic**  
*Best Buddies Co-Chair '09/10*  
 4<sup>th</sup> Year B.Mus/B.Ed



# Things I Have Learned

Anonymous

I HAVE LEARNED to never trust a dog to watch your food.

I HAVE LEARNED that when you want something expensive, ask your grandparents.

I HAVE LEARNED to never talk back to a teacher whose eyes and ears are twitching.

I HAVE LEARNED to wear a hat when feeding seagulls.

I HAVE LEARNED to sleep in your clothes so you'll be dressed in the morning.

I HAVE LEARNED to never try to hide a piece of broccoli in a glass of milk.

I HAVE LEARNED to not flush the toilet when your dad's in the shower.

I HAVE LEARNED to never ask for anything that costs more than five dollars when your parents are doing taxes.

I HAVE LEARNED to never bug a pregnant mom.

I HAVE LEARNED to not ever be too full for dessert.

I HAVE LEARNED that when your dad is mad and asks you, "Do I look stupid?" don't answer him.

I HAVE LEARNED to never tell your mom her diet's not working.

I HAVE LEARNED to not pick on your sister when she's holding a baseball bat.

I HAVE LEARNED that when you get a bad grade in school, show it to your mom when she's on the phone.

I HAVE LEARNED to never spit when on a roller coaster.

I HAVE LEARNED to never do pranks at a police station.

I HAVE LEARNED to beware of cafeteria food when it looks like it's moving.

I HAVE LEARNED that you're never too old to hold your father's hand.

I HAVE LEARNED to stay away from prunes.

I HAVE LEARNED to never dare your little brother to paint the family car.

I HAVE LEARNED that our dog doesn't want to eat my broccoli either.

I HAVE LEARNED that just when I get my room the way I like it, Mom makes me clean it up again.

I HAVE LEARNED that if you want to cheer yourself up, you should try cheering someone else up.

I HAVE LEARNED that although it's hard to admit it, I'm secretly glad my parents are strict with me.

I HAVE LEARNED never ask your 3-year old brother to hold a tomato.

I HAVE LEARNED reading what people write on desks can teach you a lot.

I HAVE LEARNED to not sneeze when someone is cutting your hair.

I HAVE LEARNED that puppies still have bad breath even after eating a tic tac.

I HAVE LEARNED to never hold a duster and a cat at the same time.

I HAVE LEARNED that school lunches stick to the wall.

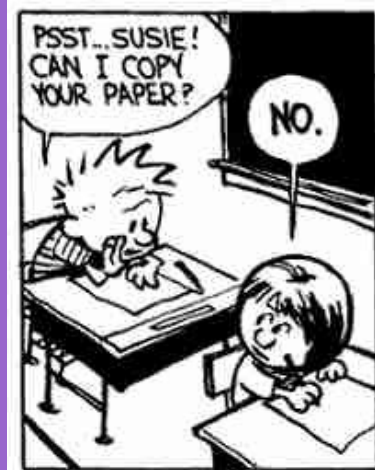
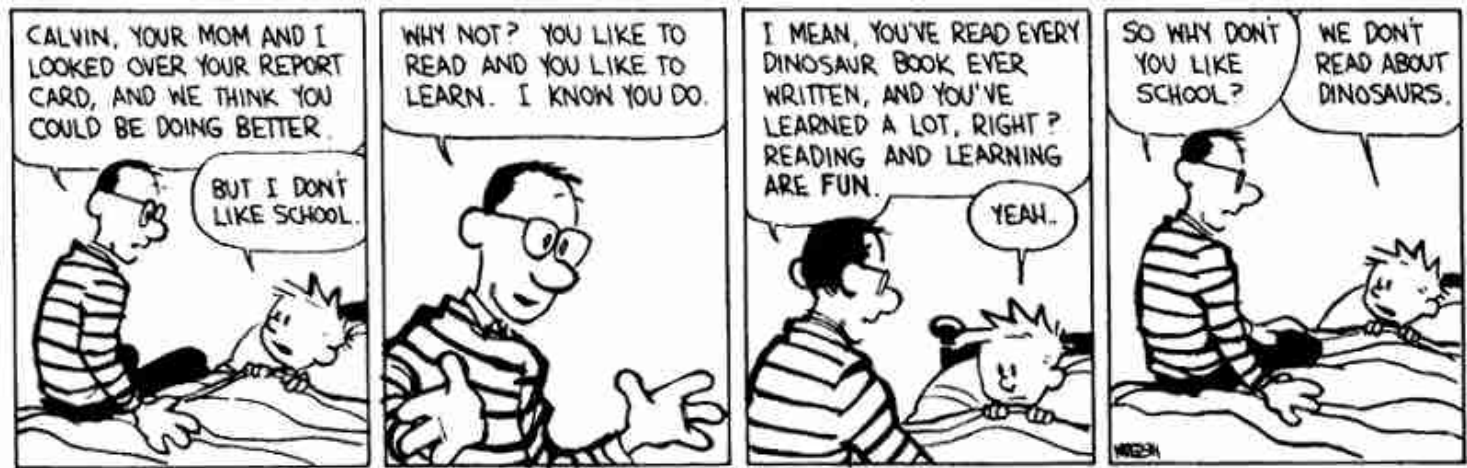
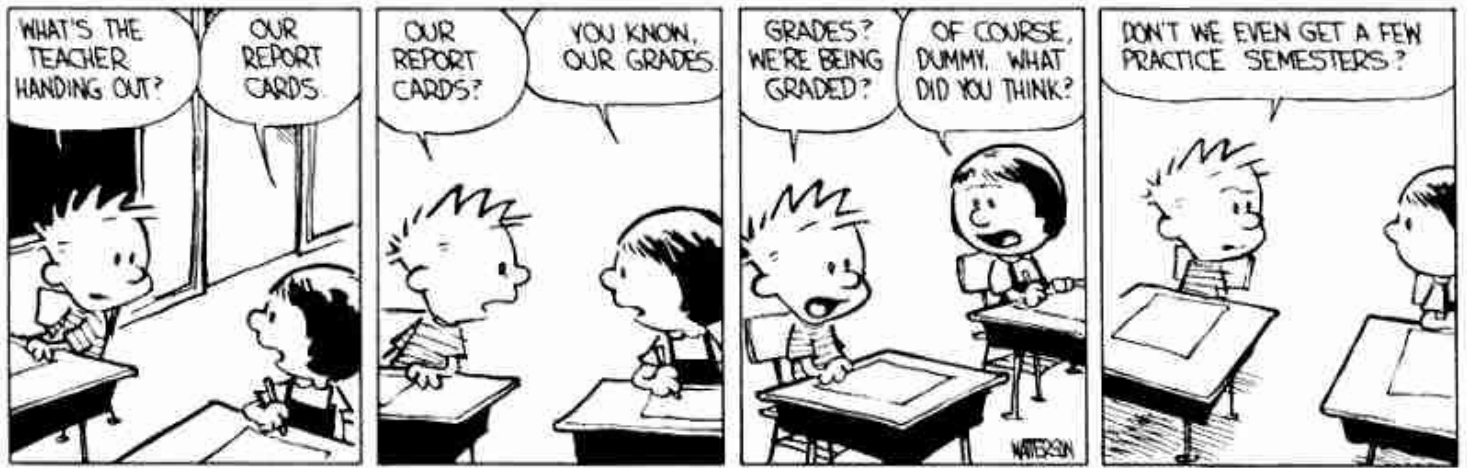
I HAVE LEARNED to not wear polka-dot underwear under white shorts.

I HAVE LEARNED that the best place to be when you are sad is in Grandma's lap.



I have recently learned that Archie married Veronica. Seriously, what is the world coming to?

# Calvin and Hobbes



Calvin and Hobbes is the property of Bill Watterson. Thanks, Bill.

Hard

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Harder

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Awesomely Hard

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## The B.Ed Spread

Super Fantabulous Winter 2009 Issue

Got something to say? We'd love to hear it!  
Articles for our next issue are due  
**Thursday, February 11**. Please send your  
articles to [thebedspread@gmail.com](mailto:thebedspread@gmail.com)  
Have your voice heard, Con-Ed!

**The B.Ed Spread: Still Concurrent  
Education's #1 Newsletter...seriously!**

## Con-Ed Reminders:

**Registration for Queen's Conference on  
Education is now open! Check out  
[www.queensconferenceoneducation.com/](http://www.queensconferenceoneducation.com/)  
for details and registration information**

**Tree of Life gifts are due on December 4. More  
information can be found in the Con-Ed Office.**

**The Con-Ed blood drive is still open. Sign up in  
the Con-Ed Office to donate blood on Tuesday,  
November 24.**

**The Wax-a-thon takes place on Friday, Novem-  
ber 27. Check out the Con-Ed office for the  
silent auction!**



# Editorial: List of Sarah's Get-Rich-Quick Schemes

Yesterday night, my housemate asked me to fill this space with a comprehensive guide to breeding Pokémon for competitive battling, right from how to breed for proper natures (which is code for twenty Dittos and an Everstone — that bold Blissey won't hatch easily otherwise) to how to get that perfect 31/31/31/31/31 Individual Value spread (you won't, unless you have a lot of time on your hands) to how to efficiently stack EVs (contrary to popular belief, force-feeding your prized Pokémon vitamins will increase Effort by 10 in the desired area, not the stats themselves. Also: infect every Pokémon you own with Pokérus). However, I will pointedly not be doing that, despite the fact that I have already, sort of.

A couple of days ago I started compiling my list of get-rich-quick schemes. Here's what I have so far:

- Invent a 'temporary' permanent tattoo – ink that has an antagonist and dissolves when the antagonist is injected. Proceed to win the Guinness World Record for Most Tattooed Queen's Con-Ed Student.
- Invent a dye that changes eye colour, as long as it doesn't itch as much as coloured contact lenses. Or an eye tattoo.
- Patent the wheel. Hey, I bet nobody's thought of that! Right? *Right?*
- Write a book series about an emotionally stilted princess who falls in love with a sparkly vampire and then proceeds to save her country from the evil King of Darkness. Call it *Twilight Princess*.
- Win *America's Next Top Model*...somehow. (bribe Tyra Banks?)
- Write a comprehensive guide to breeding Pokémon for competitive battling, since nobody takes that game seriously enough.

Unfortunately, I seem to be drawing a blank for any other ideas. If you have any great ideas for making a lot of money in a short amount of time, please send them to [thebedspread@gmail.com](mailto:thebedspread@gmail.com). I may or may not give you a share of my lucrative earnings.